

2015-2016
 Junior Report Form

My main 4-H project is _____



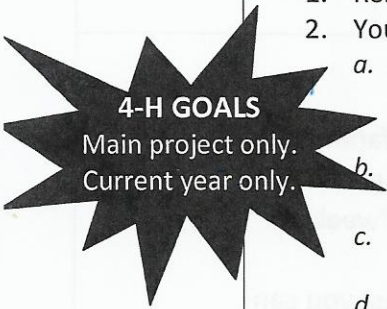
I chose this project because:

1. Make a paragraph
2. Give examples like:
 - a. *Food and Nutrition: You enjoy cooking a lot with your parents. You like to watch the Food Network*
 - b. *Clothing: You have always wanted to be a designer and design your own clothes. You have always seen clothes and wondered how they were made.*
 - c. *Animals: You love to take care of animals. You have always wanted to be a vet. You gained the responsibility of taking care of your animals when you got one and now love it.*
 - d. *Consumer: You want to learn how to find the best buy, research certain items for the best buy or use the consumer guide to buy a big purchase.*

4-H GOALS – BEFORE YOU BEGIN YOUR PROJECT, COMPLETE THIS SECTION.

List 3 things you want to learn in your 4-H project this year.

1. Remember list 3 individual goals/things you want to learn. You can have more than 3.
2. You can list things here but make complete sentences.
 - a. *Food and Nutrition: I want to learn how to cook a meal for my family, I want to learn how to make my favorite dishes, (you can be specific), or you can learn about how to cook in many different ways such as sauté, bake, grill, roast, marinate.*
 - b. *Clothing: This can be special techniques like putting in a zipper, making a button hole, or even learning how to find the best outfit that is well made to buy.*
 - c. *Animals: You can learn many things here such as: how to vaccinate your animals, groom them, or train them for shows.*
 - d. *Consumer: You want to learn how to find the best buy, research certain items for the best buy, or use the consumer guide to buy a big purchase*



What do you want to accomplish in this 4-H year?

1. These are things you want to do or accomplish. You can put things like:
 - a. *Compete in the Food Challenge*
 - b. *Attend a Rabbit Clinic*
 - c. *Compete at the County Youth Fair*
 - d. *Receive the top 10 with your photo in the photo contest*

What new activities or projects do you want to try this year?

1. Remember this is PROJECTS and activities.
2. You could be the following:
 - a. *I would like to learn more about food and nutrition*
 - b. *I would like to add goats to my animal projects*
 - c. *I want to participate in the Holiday Classic.*
 - d. *I want to attend the 4-H cake decorating workshop in the summer*
 - e. *I would like to attend the Government Day Camp and learn more about our county government.*

DIARY OF 4-H EVENTS – COMPLETE THIS SECTION AT THE CONCLUSION OF EACH EVENT OR ACTIVITY.

What did you do?	When did you do it?	What did you learn?	Did you meet one of your goals?

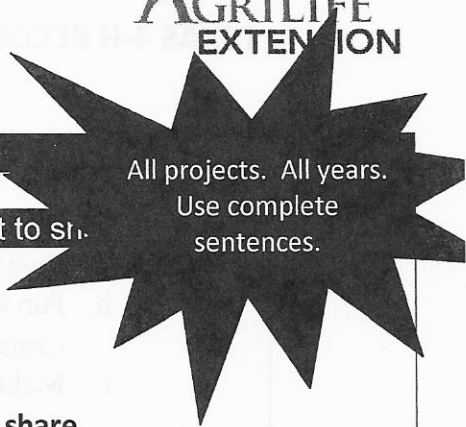
All projects.
 Current year only.
 Summarize as much as possible.
 No page limit.
 Duplicate as needed.

Diary of 4-H Events: (ALL PROJECTS)

- This is a diary of ALL your 4-H activities, contests, and events.
- This includes taking care of your animals, making dinners for your family, attending workshop or clinics, taking tours, and presentations you may have given.
- Try to lump dates as best as possible and use the date box to say: “weekly,” “daily,” “monthly,”
- There is no page limit, but be kind to judges and summarize the best you can!
- GOALS: Make sure it does tie to one of your goals at the beginning project goals- if it is another 4-H project...you might put “Yes-4-H Goal” and for main project “Yes-Main 4-H Project Goal”

MY 4-H STORY

Tell us some things about you and your family that you want to share.



All projects. All years.
Use complete sentences.

4-H Story: (ALL PROJECTS)

Remember this is a STORY so you need to write in complete sentences. NO LISTS need to be in this part!

Tell us some things about you and your family that you want to share.

- a. How many brothers and sisters do you have?
- b. What do your mom and dad do for a living?
- c. Do you live in the country or a small or big town?
- d. Do you have lots of animals?
- e. Where do you go to school (Elementary school or homeschool)?
- f. Does anyone else live with you like a Grandma, cousins, etc.?
- g. You want to give them a clear idea about your life but not too much!

I joined 4-H because...

I joined 4-H because....

- a. You want to put a paragraph about why you joined 4-H, not just a sentence.
- b. Don't put that your parents made you unless you can say extra about the wonderful experience it has been and you glad you joined and glad they made you.

Some things I did in my club or project group this year...

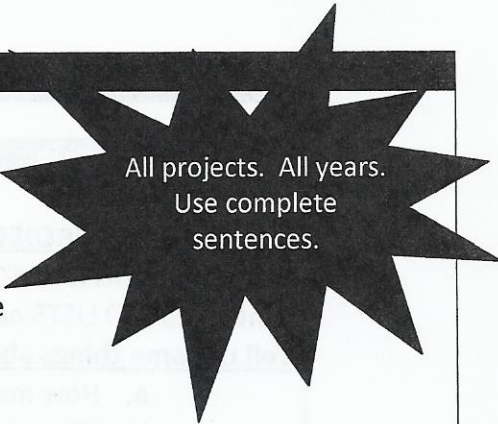
Some things I did in my club or project group this year...

- a. Give a summary of all the great things you have done...include fun stories and experiences here!
- b. Club- you could include some of the club programs you had and learned from, some of your service projects, games, and tours/activities you have done as a club member
- c. Project Group- this means some of the project meetings you have attended in your project such as workshops, clinics, or tours. (i.e. Chef day camp, rabbit clinic, holiday classic, cake decorating workshop, government day, recreation day camp)

My favorite parts of 4-H were...

My Favorite parts of 4-H are...

- a. Give us some fun stories or experiences!
- b. Fun Parts- spending time with friends, going to camp, attending a cool workshop.
- c. Make sure you give details about these favorite parts.
- d. Remember no lists!



All projects. All years.
Use complete sentences.

Some things I would like to do better, improve upon, or do more of next year are...

Some things I would like to do better, improve upon, or do more of next year are...

- a. Examples: You would like to be able to speak in front of your club, become an officer in your club or council, participate more in your project, make more items for the Fair, make more friends, compete in more contests, and learn more about a certain project topic.
- b. Make sure and give details. Remember this is still part of your story so make sure it is in paragraph form. Elaborate on each item you would like to improve on.

Tell us anything else you would like to share about yourself or 4-H.

Tell us anything else you would like to share about yourself or 4-H.

- a. NEVER leave this blank!
- b. Make sure you always have something else you want to share about.
- c. Examples: This would be an excellent opportunity to talk about your other activities you do besides 4-H such as church, sports, school activities, etc. You could also talk about some fun story you had in 4-H.

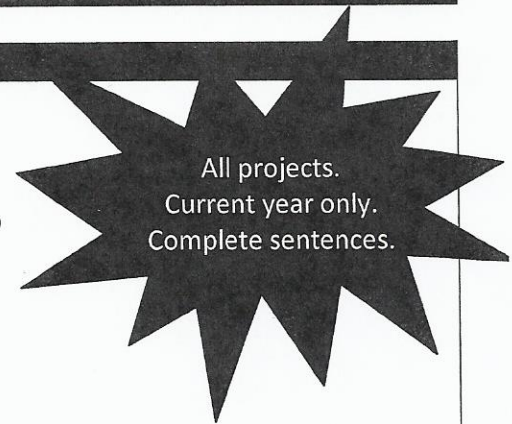
AWARDS, SERVICE, AND LEADERSHIP

Tell us about any awards you received this year.

Awards, Service, and Leadership:

Lists are ok here!

Awards: You want to really highlight your top awards but also put their meaning of winning that award. Remember if you won 10th in your cookie division at Fair and that was great to you; make sure and explain why...it may be because there were 50 cookies in that division. Or if you want 3rd place with your dress you sewn you might explain it was your first time to sew. DETAILS!!!



Tell us about something you did to help someone else (community service).

Service: Make sure and add club and county service projects (pancake dinner, coke tab collection), projects you do yourself (gave clothes to a HOPE center), and things you might have actually helped lead (yes, you might have this as a junior age!)

Tell us about any leadership activities or officer roles you have had.

Leadership: Remember this is things you have helped lead.

- a. This can be bringing desserts/snacks to club meetings, leading the pledge at a meeting, giving a report to council, or teaching your friend about 4-H or how to make a cake.
- b. This can be anything you have helped do to teach someone or help make something happen.
- c. You might also go to a committee meeting with your siblings and mom/dad.
- d. Wording on Leadership: Remember if you teach your grandma about something you learned in 4-H...you have taught someone and that is leadership (make sure you put elderly not grandma). Also when you put that you taught a friend, just say: "Taught another 4-H member about..." or change it out if they are not a 4-H member to say another youth.